

CONSUMER HEALTH

Consumer health is a concept referring to a state of well being enjoyed by people who buy products and use services that research deems safe.

Consumer health in summary is preventive about the consumer health.

The focus of Consumer Health is to enable patients, families, caregivers, and the general public to find current, reliable, and accessible health information.

Access to this information allows public participation and choice in health care decision making.

Consumer participation is broadly defined as the process of involving health consumers in decision making about health service Planning.

Consumer health information is an information that will sensitize the individuals in order to make or take rightful decision that will make them improve or safeguard their health.

Consumer health information use the media, newsletters and internet to raise awareness on important health topics and educate the public about preventive medicines.

Consumer health information might warn the public about the dangers on foods or drugs and provide a method of filing a complaint against a product or service.

Consumer health information is a sub-branch of health information that helps bridge the gap between patients and health resources.

Infections disease control represents another area that protect the public from the spread of contagious illness. Public health agencies promote the development of new vaccines, test and therapies to treat diseases that once pose a serious health risk such as chicken pox, measles and influenza.

Health topics might also focus on children, adolescents, adults and the elderly.

Agencies that look over to our health

W.H.O

F.A.O - Food and Agriculture Organization

NDLEA - National Drug Law Enforcement Agency

F.D.A

NAFDAC

S.O.N

C.P.C Consumer Protection Council of Nigeria

NUTRITIONAL QUACKERY

Quackery is the promotion of fraudulent products or ignorant medical practices.

According to F.D.A "Quackery as the term is use today refers not only to the fake practitioner but also to the worthless products and the deceitful promotion of that product, untrue or misleading claims that are deliberately or fraudulently made for any product including food products constitute quackery".

A quack is a fraudulent or a pretender who claims to have skill, knowledge, qualification or credentials he or she does not possess.

Nutritional quackery may be defined as the promotion of products, treatments or plans that claim to provide a benefit to the health of the consumer without proof of effectiveness or safety.

Nutrition quacks promote false and/or unproven nutrition products or services for a profit. Quacks can be sincere and misguided individuals, as well as charlatans and frauds. Quackery is successful because we want to believe in something "magical" that can improve performance more than hard training or a prudent diet.

A counterfeit medication or a counterfeit drug is a medication or

pharmaceutical product which is produced and sold with the intent to deceptively represent its origin, authenticity or effectiveness. A counterfeit drug may contain inappropriate quantities of active ingredients, or none, may be improperly processed within the body (e.g., absorption by the body), may contain ingredients that are not on the label (which may or may not be harmful), or may be supplied with inaccurate or fake packaging and labeling , as is the case with homeopathic products.

Consumer Health Information includes patient-focused informatics, health literacy , and consumer education . The focus of this field is to allow consumers to manage their own health, through the use of internet-based strategies and resources with consumer-friendly language. Currently, CHI stands at a crossroads between various healthcare related fields such as nursing, public health, health promotion, and health education [

NAFDAC

National
Agency for
Food and
Drug
Administration
Control

The National Agency for Food and Drug Administration and Control (NAFDAC) is a Nigerian federal agency under the federal ministry of health that is responsible for regulating and controlling the manufacture, importation, exportation advertisement, distribution, sale and use of food, drugs, cosmetics, medical devices, chemicals, and packaged water.

The formation of NAFDAC

The organization was formed to checkmate illicit and counterfeit products in Nigeria in 1993 under the country's health and safety law. It was established with the mandate of eliminating counterfeit pharmaceuticals, foods and

beverages products.

The formation of NAFDAC was inspired by 1988 World Health Assembly resolution requesting countries' help in combating fake products by counterfeit pharmaceuticals.

Functions of NAFDAC

NAFDAC has various basic functions. According to the requirements of its enabling decree, the Agency was authorized to:

1. Regulate and control the the importation, exportation, manufacture, advertisement, distribution, sales and use of drugs, cosmetics, medical devices, packaged water and chemicals.
2. Conduct appropriate tests and ensure compliance with standard specifications designated and approved by the council for the effective control of quality of food, drugs, cosmetics, medical devices, packaged water, and chemicals.
3. Undertake appropriate investigation into the production premises and raw materials for food, drugs, cosmetics, medical devices, bottled Water, and chemicals
4. Undertake inspection of imported foods, drugs, cosmetics, medical devices bottled water, and chemicals
5. Compile standard specifications, regulations and guidelines for the production, importaion, exportation, sales, and distribution of food, drugs, cosmetics, medical devices, bottled water and chemicals
6. Undertake the registration of foods, drugs medical devices, bottled water and chemicals.
7. Control the exportation and issue quality certificate
8. Establish and maintain relevant laboratories

Government's role in protecting consumer rights?

The federal government is responsible for creating marketplaces that are fair, efficient and competitive for producers, traders and consumers. The federal government is also responsible for the safety of food products. This includes

food labelling and advertising. They also inspect food, drugs, cosmetics etc at Nigeria's borders. The National Agency for Food and Drug Administration and Control is responsible for this.